

## The “Following 40” Guide

**1 - 4/22 Fast Day Daily Bible Reading:** Matthew 1; **Prayer Emphasis:** We pray that God would revive our church and use us to reach people for Jesus. We thank God for the coming of Jesus!

**2 - 4/23 Daily Bible Reading:** Matthew 2; **Prayer Emphasis:** We pray that God would grant us a fresh passion in our pursuit of Him.

**3 - 4/24 Daily Bible Reading:** Matthew 3; **Prayer Emphasis:** We pray that we would live as citizens of the Kingdom of God, submitting our lives to His rule.

**4 – 4/25 Daily Bible Reading:** Matthew 4; **Prayer Emphasis:** We pray that God would give us knowledge of His will and spiritual understanding to follow Him.

**5 - 4/26 Daily Bible Reading:** Matthew 5; **Prayer Emphasis:** We pray that God would help us to live the blessed life and be salt and light in a decaying and dark world.

**6 - 4/27 Daily Bible Reading:** Matthew 6; **Prayer Emphasis:** We pray that God would give us a greater burden and desire for prayer, fasting, and giving. We pray that God would be our treasure and that we would seek Him first in life.

**7 - 4/28 Daily Bible Reading:** Matthew 7; **Prayer Emphasis:** We pray for Pastor Blake, his family, and his ministry at DWBC. We pray that God would help us to know where we stand in our relationship with Him. We pray that we would build and live our lives on the solid rock of God’s Word.

**8 - 4/29 Fast Day Daily Bible Reading:** Matthew 8; **Prayer Emphasis:** We pray that God would revive our church and use us to reach people for Jesus. We pray for greater faith.

**9 - 4/30 Daily Bible Reading:** Matthew 9; **Prayer Emphasis:** We pray to the Lord of the harvest, asking Him to send out workers into the harvest fields of souls. We pray that God would send us out into the harvest fields.

**10 - 5/1 Daily Bible Reading:** Matthew 10; **Prayer Emphasis:** We pray for the Combined Mission Offering and the spreading of the Gospel through our mission giving.

**11 - 5/2 Daily Bible Reading:** Matthew 11; **Prayer Emphasis:** We pray that the Lord would help us and strengthen us to be found faithful during the difficult times of life.

**12 - 5/3 Daily Bible Reading:** Matthew 12; **Prayer Emphasis:** We pray that God would empower us to be conformed to His will in every area of life and that we would bear good spiritual fruit. We pray that God would reveal to us those areas of our lives that contain bad spiritual fruit.

**13 - 5/4 Daily Bible Reading:** Matthew 13; **Prayer Emphasis:** We pray that we would see Jesus as our treasure and that we would be willing to sacrifice anything so that we might grow closer in our relationship to Him.

**14 - 5/5 Daily Bible Reading:** Matthew 14; **Prayer Emphasis:** We pray for Pastor Steve, his family, and the worship ministry of DWBC. We pray that we would trust God in the storms of life.

**15 - 5/6 Fast Day Daily Bible Reading:** Matthew 15; **Prayer Emphasis:** We pray that God would revive our church and use us to reach people for Jesus. We pray for greater faith.

**16 - 5/7 Daily Bible Reading:** Matthew 16; **Prayer Emphasis:** We pray that we would live as true disciples of Jesus, denying ourselves, taking up our cross, and following Jesus.

**17 - 5/8 Daily Bible Reading:** Matthew 17; **Prayer Emphasis:** We pray that we would see Jesus and respond to His identity as the Lord of our lives.

**18 - 5/9 Daily Bible Reading:** Matthew 18; **Prayer Emphasis:** We pray that we would be humble servants of God, willing to forgive those who have wronged us, and willing to have difficult conversations with fellow believers living outside of God’s will.

**19 - 5/10 Daily Bible Reading:** Matthew 19; **Prayer Emphasis:** We pray that God would bless and encourage the marriages of DWBC. We pray that we would be willing to sacrifice everything to follow Jesus.

**20 - 5/11 Daily Bible Reading:** Matthew 20; **Prayer Emphasis:** We pray for Pastor Keith, his family, and the family ministry of DWBC. We pray that we would seek to serve one another in love.

**21 - 5/12 Daily Bible Reading:** Matthew 21; **Prayer Emphasis:** We pray for our mothers and the women in our lives. We thank God for them and pray that God would encourage them and continue to use them in our lives and families. We praise Jesus for coming to forgive us of our sins and give us new life.

**22 - 5/13 Fast Day Daily Bible Reading:** Matthew 22; **Prayer Emphasis:** We pray that God would revive our church and use us to reach people for Jesus. We pray that we would be willing to go to the highways and alleys to invite people to Jesus.

**23 - 5/14 Daily Bible Reading:** Matthew 23; **Prayer Emphasis:** We pray for the support and maintenance staff of DWBC. We pray that we would relate to God with humility, authenticity, and sincerity, not living as hypocrites.

**24 - 5/15 Daily Bible Reading:** Matthew 24; **Prayer Emphasis:** As we await the return of Jesus, we pray that we would be busy telling others about Him and that we would be found faithful if He returns in our life-time.

**25 - 5/16 Daily Bible Reading:** Matthew 25; **Prayer Emphasis:** We pray that God would convict us if we haven’t been serving Him with our talents/gifts. We pray that God would help us to use our talents and spiritual gifts for His glory and Kingdom and that he would grant us wisdom to know how He wants to use our talents/gifts.

**26 - 5/17 Daily Bible Reading:** Matthew 26; **Prayer Emphasis:** We pray that God would strengthen our spirits so that we might resist the temptations of the flesh. We pray that our faith would not fail us and that we would honor Jesus with our lives.

**27 - 5/18 Daily Bible Reading:** Matthew 27; **Prayer Emphasis:** We thank God for the sacrifice of Jesus on the cross making our forgiveness of sins possible. Spend time in thanks and worship today, praising God for the cross.

**28 - 5/19 Daily Bible Reading:** Matthew 28; **Prayer Emphasis:** We pray for Pastor Carlton, his family, and the discipleship ministry of DWBC. We praise God for the resurrection of Jesus, making new life a reality. We pray that we would be faithful to the Great Commission. Spend time today praising God for new life in Jesus.

**29 - 5/20 Fast Day Daily Bible Reading:** Galatians 1; **Prayer Emphasis:** We pray that God would revive our church and use us to reach people for Jesus. We pray that we would be faithful to the Gospel, striving to please God and to be faithful servants of Jesus.

**30 - 5/21 Daily Bible Reading:** Galatians 2; **Prayer Emphasis:** We pray for greater commitment in our personal lives. We pray that we would live by faith in the Son of God who loves us and has given Himself for us.

**31 - 5/22 Daily Bible Reading:** Galatians 3; **Prayer Emphasis:** We pray that we would live focused on God’s grace in our lives. We thank God that we are not saved by our own efforts but by the work of Jesus on the cross.

**32 – 5/23 Daily Bible Reading:** Galatians 4; **Prayer Emphasis:** We pray that we would live as adopted children of God, grateful for our relationship with Him and committed to draw closer to Him as our Father.

**33 - 5/24 Daily Bible Reading:** Galatians 5; **Prayer Emphasis:** We pray that God would grow our love for Him and for people. We pray that God would enable and empower us to walk by the Spirit and not the flesh. We pray that we would hate the works of the flesh and live with the fruit of the Spirit evident in our lives.

**34 - 5/25 Daily Bible Reading:** Galatians 6; **Prayer Emphasis:** We pray for Janet Wilkes, Liesl Langley, their families, and the children’s ministry of DWBC. We pray that we will carry one another’s burdens in life. We pray that we will live as dead to the world but alive in Jesus.

**35 - 5/26 Daily Bible Reading:** Ephesians 1; **Prayer Emphasis:** We pray for Pastor Jeremy, his family, and the student ministry of DWBC. We pray Ephesians 1:16-19 for ourselves and our church family.

**36 - 5/27 Fast Day Daily Bible Reading:** Ephesians 2; **Prayer Emphasis:** We pray that God would revive our church and use us to reach people for Jesus. We also pray for our nation and those families who have given the ultimate sacrifice for the country. We thank God for His gift of grace, hope, and unity that we have in Jesus. We thank God that salvation is not dependent on our works but the work of Jesus.

**37 - 5/28 Daily Bible Reading:** Ephesians 3; **Prayer Emphasis:** We pray Ephesians 3:16-19 for ourselves and our church family.

**38 - 5/29 Daily Bible Reading:** Ephesians 4; **Prayer Emphasis:** We pray that we would live worthy of the calling we have received. We pray that we would be kind and compassionate to one another, forgiving one another.

**39 - 5/30 Daily Bible Reading:** Ephesians 5; **Prayer Emphasis:** We pray for Pastor Dan, his family, and the pastoral care ministry of DWBC. We pray that we would make the most of our time on earth. We pray for the marriages of DWBC.

**40 - 5/31 Daily Bible Reading:** Ephesians 6; **Prayer Emphasis:** We pray that the family of DWBC would be united in our passion for Jesus. We pray for the families of DWBC. We pray that we would be people of prayer, engaging in spiritual warfare through spiritual means.

#### **Additional areas of prayer for our DWBC family:**

- We pray for our men's ministry, including our men's groups and group leaders.
- We pray that God would connect us to areas of ministry and service in and through the work of DWBC and that we would be active servants.
- We pray for the staff of DWBC.
- We pray for our Sunday School classes, directors, and teachers.
- We pray for our women's ministry, including our women's groups and group leaders.
- We pray that God would encourage, convict, and empower us to be active tithers and givers to the ministry of DWBC.
- We pray for the ministry of The Way Food Closet, including our leaders, workers, and contributors as well as those blessed to receive from this ministry.
- We pray for wisdom for the committees serving the DWBC family.
- We pray for the deacon fellowship of DWBC.
- We pray for the members of DWBC who are not attending church. We pray that God would convict and encourage our brothers and sisters to regain their passion for the family of God.
- We pray for our mission efforts and the people of Guatemala and New York City.

## Description of Fasting

Christian fasting is abstaining from food for a period of time for the purpose of focusing on and growing deeper in one's spiritual growth. At its core, fasting is emphasizing the spiritual over the physical. A Christian fast is to be conducted for a specific period of time during which food is replaced with spiritual activity, primarily prayer. In place of the regular meal time, the believer prays and seeks a deeper experience of God. Unless a person has a medical condition related to diet, fasting is completely healthy and safe.

## A.C.T.S.

The **ACTS** prayer tool is a helpful outline that will encourage and enable you to fulfill your prayer commitment and take you deeper in your prayer life.

The **ACTS** method of prayer is as follows:

**ADORATION:** Give God praise and honor for who he is as Lord over all.

**CONFESSION:** In your prayer life, honestly deal with your sin.

**THANKSGIVING:** Verbalize to God what you are grateful for in your life and in the world around you.

**SUPPLICATION:** Pray for the needs of others and yourself.

How to sign up for text reminders from the Pastor:

1. Start a new text.
2. In the area you would type the phone number, type the number "81010" and press send.
3. In the area you would type your message, type the phrase "@daupinway".
4. You will receive a text message verifying that you are enrolled in the program.



We began 2019 focusing on our walk with Jesus in the "First 40 Days" of 2019. After seeing the overwhelming support and appreciation of this spiritual commitment as a church family, we want to begin a fresh 40-day spiritual journey. During the 40 days following Easter, we will seek God as a church family through the spiritual disciplines of Scripture reading, prayer, fasting, and evangelism. We invite you to commit to the 40-day plan and connect through the text messaging system Remind 101. Our goal is to become more devoted followers of Jesus. We will also be journeying together through the Sermon on the Mount in our Sunday morning worship times, and we would love for you to participate in these worship services to grow deeper in your relationship with Jesus. This 40-day commitment will encourage and ignite spiritual growth, and we hope you join us. Also, invite a friend to participate with you, and hold one another accountable throughout the spiritual journey. We look forward to all that God will do in the "Following 40."

- Set aside 40 minutes each day to spend time with God through Bible reading and prayer.
- During the 40 minutes, join us in reading a chapter each day, beginning with the Gospel of Matthew. After the completion of Matthew (28 chapters), we will transition to reading Galatians (6 chapters), followed by Ephesians (6 chapters). At the end of this 40-day period, we will have read through three of the four Gospels together as a church family in 2019 (including Mark and Luke from the "First 40 Days"). You can use the 40-day guide to help keep you on track.
- Spend over half of the 40 minutes with God in prayer. You can use the ACTS prayer outline (included in this guide) to help you focus during this prayer time. Also, join us each day in praying for the special emphasis provided in the 40-day guide.
- Fast every Monday (April 22, 29; May 6, 13, 20, 27) from at least one meal or all meals on these specific days we are setting aside for our entire church family to fast together.
- Have one Gospel conversation with someone during the 40-day period.
- Please sign up to join Remind 101 and receive daily text reminders from Pastor Blake of your Daily Bible readings as well as specific prayer emphases for each day. (Instructions enclosed)